***Life is You***

*Client Consent Form*

*Date:*

*Client Name:*

*Client Phone:*

*Client Address:*

*Client Email:*

*Client contacted through phone or email:*

***Definition of a Coach:*** *We work as co-creators and partners with clients, and we are equals with the client being the leader in our relationship. We are guides that use our education and experience as tools to help empower clients to set goals and take action to make a difference in their lives.*

***My responsibilities****:*

1. *Strategist (Coach) agrees to maintain the ethics and standards of behavior set by the ICF & BCC.* [*www.coachfederation.org/ethics*](http://www.coachfederation.org/ethics)
2. *The client is responsible for creating and implementing his/her own physical, mental and emotional well-being, decisions, choices, actions and results. As such, the Client agrees that the Strategist (Coach) is not and will not be liable for any actions or inaction, or for any direct result of any service provided by the Strategist (Coach).*
3. *Client understands coaching is not therapy and does not substitute for therapy if needed, and does not prevent, cure, or treat any mental disorder or medical disease.*
4. *Client understands that coaching is not to be used as a substitute for professional advice by legal, mental, medical or other qualified professionals and will seek independent professional guidance in such matters. If client is currently under the care of a mental medical professional, Strategist (Coach) will recommend that Client inform mental health care provider.*
5. *Client agrees to communicate honestly, be open to feedback and assistance, and create the time and energy to participate fully in the program*

***Services***

*This agreement, between Life is You and the above-mentioned client, will begin upon completion of the 1 hour Discovery Session listed here: .*

*Signature:*

*Upon mutual agreement to move forward with Strategy Sessions on the date signed below and will continue for the allotted time stated in this agreement or until terminated by Client or Life is You Strategist.*

*The Strategist (Coach) will be available to Client by email and phone between scheduled meetings as defined by the Strategist (Coach).*

*SCHEDULE: FEES:*

*The Client agrees to pay Life is You $ payable in advance. This coaching fee is available as a special intro offer and is non-refundable. Following the conclusions of the allotted time frame agreed upon, Client may continue the coaching sessions at a rate of $ per hour, or time frame agreed upon.*

*By signing this agreement on this day, of this month, of this year, I, the above-named client, hereby acknowledge that I agree and understand all the terms and conditions of this agreement.*

*Signature:*

*For more information contact: Cammie Davison @ cammieleigh2022@gmail.com*